

# ATOMIC ENERGY CENTRAL SCHOOLS, MUMBAI

## Monthwise Break up of Syllabus 2008-09

Std. : I Students' Name \_\_\_\_\_ Roll No. \_\_\_\_\_ Sec. \_\_\_\_\_

Month	Lesson No. & Name	P. No.	Month	Lesson No. & Name	P. No.
	<b>Sub. : English</b>			<b>Sub. : Maths</b>	
June 2008	Lesson-1 The Alphabet	1-12	Jun 2008	L1 Shapes and Space	1-20
July 2008	The Alphabet (continued) Poem-1 Ten little chicks Lesson-2 The fast car	13 14-24	July 2008	L2 Numbers from one to nine L3 Addition	21-54
Aug. 2008	The fast car (continued) Lesson 3 My name is Neha Poem 2 Off we go 1 Unit Test 29-8-08 to 02-09-08 Portion Lesson 1&2, Poem 1&2	26 25	Aug. 2008	L3 Addition ... Contd. L4 Subtraction	55-68
Sep. 2008	My name is Neha (continued) Poem 3 Ten little fingers.	26-37 38		<b>1st Unit Test Portion-L1, L2, L3, L4 (29.8.08 to 2.9.08)</b>	
Oct. 2008	Lesson 4 Oh! Where is my ball?	39	Sep. 2008	L5 Number from 10 to 20	69-88
Nov. 2008	Oh! Where is my ball? (continued) Poem 4 Where Oh Where	39-51 52	Oct. 2008	L6 Time	89-92
	<b>Revision for Half Yearly 17-11-08 to 22-11-08 Portion Lesson 1, 2, 3 &amp; Poem 1, 2, 3</b>			<b>Half Yearly Exam (17.11.08 to 22.11.08) Portion L1 to L6</b>	
Dec. 2008	Oh! Where is my ball? (continued) Poem 5 Are you sleeping?	55	Nov. 2008	Revision for Half Yearly L7 Measurement	93-98
Jan. 2009	Picture Story: The naughty monkey Poem 6 Tick-Tock, tick-tock Lesson 5 Wake up Neel If Unit Test 29-01-09 to 02-02-09 Portion Lesson, 4, Poem 4, 5, 6. & P S	53-54 56 57	Dec. 2008	L7 Contd Measurement L8 Numbers from 21 to 50	99-108
Feb. 2009	Lesson 5 Wake up Neel (continued) Picture Story: What is the time? P S Naughty Neel	57-75 61 62-63	Jan. 2009	L9 Data Handling L10 Patterns	109-110 111-116
March 2009	Poem 7 Let us have a party Poem 8 Good Manners Revision	76 77		<b>2nd Unit Test (29.1.09 to 2.2.09) Portion L7, 8, 9, 10</b>	
April 2009	Portion all lessons and poems from June 08 to March 09		Feb. 2009	L11 Numbers L12 Money	117-123 124-129
			March 2009	L13 How Many	130-133
			April 2009	<b>Revision for Annual Examination: (1-4-09 to 10-4-09) Portion L1 to L13</b>	

Month	Lesson No. & Name	P. No.
Nov. 2008 & Dec. 08	<p align="center"><b>Sub: EVS</b></p> <p>1 Water Uses of water, sources of water, animals that live in and around water, aquatic plants</p> <p><b>Activities</b> (1) How the water goes underground? (2) Water to extinguish fire Experiment with candle &amp; water (3) Charts to show water plants and water animals. (4) Water related activities to be narrated.</p>	01-05
Dec. 2008	<p>2 Air Properties of air, uses of air</p> <p><b>Activities</b> 1 To blow a balloon 2 Breathing exercise 3 Paper fan 4 Empty bottle - Experiment 5 Inflating a ball</p>	06-07
	Winter break 22-12-08 TO 1-1-09	
Jan. 2009	<p>3 Living Things Characteristics of living things and non - living &amp; to classify them. Young ones of animals.</p> <p><b>Activities</b> 1 To grow a plant 2 Picture pasting 3 Picture talk 4 Flash cards to sort living things and non - living things and on young ones</p>	08-11
	Revision for II Unit Test II Unit Test from 29-1-09 to 2-2-09	
Feb. 2009	<p>4 Plants Parts of a plant Different types of plant-big plants and small plants</p> <p><b>Activities</b> - To grow a plant Trip around the garden</p> <p>5 Animals Based on the habitat classify the animals Different types of locomotion in animals</p>	12-14  15-16

Month	Lesson No. & Name	P. No.
	<p><b>Activities:</b> Picture pasting, Flash cards.</p>	
March 2009	<p>Animals (continued) Uses of animals and animal products, sounds of animals</p> <p><b>Activities</b> Classifying animals For eg, Domestic animals, wild animals, aquatic animals Revision for Annual Examination</p>	17-19
April 2009	Annual Examination 1-4-09 to 10-4-09	
	<b>विषय : हिन्दी</b>	
जून 2008	प्रारंभिक कक्षा में पढ़ाई गई वर्णमाला की पुनरावृत्ति (मौखिक) स्वर (लिखित)	
जुलाई 2008	व्यंजन (लिखित), मात्राएं शिक्छिम पाठ - १ झुलन (कविता)	२-९ १०-१७
अगस्त 2008	पाठ-२, आम की कहानी पाठ-३, आम की टोकरी पाठ-४, पत्ते ही पत्ते	१८-२२ २३-२४ २५-४१
	प्रथम इकाई परीक्षा-२००८ (२९-८-०८ से २-९-०८) (वर्णमाला पाठ १ से ४ तक)	
सितंबर 2008	पाठ-५, पकौड़ी पाठ-६, छुक छुक माडी पाठ-७, रसोई घर	४२-५० ५१-५५ ५६-६१
अक्टूबर 2008	पाठ-८, चूड़ों न्यारुं सो रहीं हैं * मकड़ी-लकड़ी-ककड़ी पाठ-९, बंदर और गिलहरी	६२-६७ ६८-७३
नवंबर 2008	पाठ-१०, पगडी	७४-७५
	अर्धवार्षिक परीक्षा-२००८ (१७-११-०८ से २२-११-०८) (वर्णमाला पाठ १-१६ तक)	
दिसंबर 2008	पाठ-११, पतंग पाठ-१२, गेंद-बल्ला पाठ-१३, बंदर गया खेत में भाग	७६-७९ ८०-८२ ८३-८६
जनवरी 2009	पाठ-१४, एक बुढ़िया पाठ-१५, मैमी पाठ-१६, नालू और पीलू पाठ-१७, चकई के चकटुम	८७-८८ ८९-९२ ९३-९५ ९६-९९

Month	Lesson No. & Name	P. No.
	द्वितीय इकाई परीक्षा पाठ ११ से १७ तक	
फरवरी २००९	पाठ-१८, छोटी का कमाल पाठ-१९, चार चने पाठ-२०, भगदड़ पाठ-२१, हलीम चला चाँद पर	१००-१०१ १०२-१०३ १०४-१०६ १०७-१११
मार्च २००९	पाठ-२२, हाथी चल्लम चल्लम पाठ-२३, सात पूँछ का चूहा * पुराने बच्चे	११२-१११ ११५-१२१
अप्रैल २००९	वार्षिक परीक्षा २००८-२००९ (पाठ १ से २३ तक)	
	<b>Sub: ART</b>	
June 2008	Drill lesson (Scribbling, strokes, vertical, horizontal, curves)	
July 2008	Geometrical shapes (circle, triangle, square, rectangle). colour and draw	
Aug. 2008	Memory Drawing-(fish, flag, boat)	
Sep. 2008	Nature Drawing-(sunflower, lotus)	
Oct. 2008	Nature Drawing-(flower with stem and leaves) Revision and grading	
Nov. 2008	Object Drawing-(bat, ball, balloons, doll)	
Dec. 2008	Birds-(simple bird figures from circle and oval shapes)	
Jan. 2009	Nature Drawing-(apple, mango, grapes)	
Feb. 2009	Nature Drawing (Carrot, tomato)	
March 2009	Scenery (House, tree, mountain, river, boat etc.)	
April 2009	Grading	
	<b>Sub: CRAFT</b>	
June 2008	Joker's cap	
July 2008	Lotus, Hat, any Bird	
Aug.	Simple Boat, Rakhi	

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2008		
Sep. 2008	Cup and Saucer, House	
Oct. 2008	A flower with pencil shaving, Revision and Grading	
Nov. 2008	Diwali greeting card and Hand fan	
Dec. 2008	Christmas/New Year greeting card	
Jan. 2009	Kite, Butterfly with Toffee wrapper	
Feb. 2009	Dogs Face, Ice-cream cone	
March 2009	Fish, Pencil holder & Revision	
April 2009	Grading	
	<b>Sub: MUSIC</b>	
June 2008	Jana Gana Mana....	
July 2008	Daya Kar Daan Vidyaka....	
Aug. 2008	Patriotic Song	
Sep. 2008	Raghupati Raghav Rajaram....	
Oct. 2008	Balgeet	
Nov. 2008	Revision and half yearly exam	
Dec. 2008	Patriotic Song	
Jan. 2009	Prayer Song	
Feb. 2009	Song Related to Story	
March 2009	Festival Song, revision & grading	
April	Annual Exam	

Month	Lesson No. & Name	P. No.	Month	Lesson No. & Name	P. No.
June/ July 2008	<p><b>Sub: PSYICAL EDUCATION</b></p> <p><b>Free Movement:</b> Walking, Spot jumping</p> <p><b>Marching:</b> Forming single line, Stand at ease, Attention</p> <p><b>Imitation:</b> Rabbit jump.</p> <p><b>Minor Game:</b> Birds fly, Follow the leader.</p> <p><b>Health Education:</b> Personal Hygiene-teeth, Nail, Hair, body, Sanitation</p> <p><b>Callisthenics:</b> Two exercises, one count. Two Count exercises.</p> <p><b>Yoga:</b> Simple breathing exercises</p>		Jan. 09	<p><b>Free Movement:</b> Skipping, Book balancing</p> <p><b>Imitation:</b> Duck walk.</p> <p><b>Minor Game:</b> Postman - Postman - drop the letter</p> <p><b>Health Education:</b> Environmental hygiene, School Campus</p> <p><b>Callisthenics:</b> Two exercises, One and two count exercise.</p> <p><b>Yoga:</b> Oarvatasan</p>	
Aug. 2008	<p><b>Free Movement:</b> Jogging, Running.</p> <p><b>Marching:</b> Forming double line, Stand at ease, Attention.</p> <p><b>Imitation:</b> Rabbit Jump.</p> <p><b>Minor Game:</b> Simon says.</p> <p><b>Health Education:</b> Personal hygiene, proper dressing sense</p> <p><b>Callisthenics:</b> Two exercises, one count &amp; two count exercise.</p> <p><b>Yoga:</b> Exercise of the eyes.</p>		Feb. 09	<p><b>Free Movement:</b> Simple warming up exercises.</p> <p><b>Imitation:</b> Elephant walk.</p> <p><b>Minor Game:</b> In the pond-on the bank</p> <p><b>Health Education:</b> Environmental hygiene, Public place</p> <p><b>Callisthenics:</b> Two exercises. One count, two count exercise.</p>	
Sep. 2008	<p><b>Free Movement:</b> Jogging, Running, Jumping</p> <p><b>Marching:</b> Forming double line, Stand at ease, Attention.</p> <p><b>Imitation:</b> Frog jump.</p> <p><b>Minor Game:</b> Dog and the bone.</p> <p><b>Health Education:</b> Personal Hygiene, cleanliness at home,</p> <p><b>Callisthenics:</b> Two exercises, one &amp; two count exercises</p> <p><b>Yoga:</b> Sukhasan, Vajrasan.</p>		Mar. 09	<p><b>Free Movement:</b> Simple warming up and bending exercises.</p> <p><b>Imitation:</b> Trotting like a horse</p> <p><b>Minor Game:</b> Fire on the mountain</p> <p><b>Health Education:</b> Environmental hygiene, Home</p> <p><b>Callisthenics:</b> Two exercises. One count, two count exercise.</p>	
Oct/ Nov 2008	<p><b>Sub: P.T.</b></p> <p>Practice of events for the Annual Sports</p>		Apr. 09	Practice of activities taught in the previous months.	
Dec 08	Annual Athletic Meet				