P.SELVAM

T.G.T (S.S) English/S.Sc.

A.E.C.S., Anupuram

Mudule: Gist of the Story

***The Wonder Called Sleel***

\* Our body and brain recover from fatigue after a good

 sleep.

\* We dream while sleeping, but we do not always remember

 our dreams.

\* During sleep, our heartbeat becomes slower and our

 temperature and blood pressure go down.

\* A dream is an activity of the mind when we are sleep

 through noise and other disturbances.

\* Dreams may reveal something about one’s problems,

 but they cannot tell the future.

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